

RELEASE OF LIABILITY

READ CAREFULLY - THIS AFFECTS YOUR LEGAL RIGHTS

In exchange for participation in the activity of CPM Classes organized by Gathering Thyme Movement, Inc. "GTM, Inc.," at 782 S. Ruby Rd., Coeur d'Alene, Idaho, 83814, and/or use of the property, facilities and services of GTM, Inc., I agree for myself and (if applicable) for the members of my family, to the following:

1. I agree to observe and obey all posted rules and warnings, and further agree to follow any oral instructions or directions given by GTM, Inc., or the employees, representatives or agents of GTM, Inc.
2. I recognize that there are certain inherent risks associated with the above described activity, and I assume full responsibility for personal injury to myself and (if applicable) my family members, and further release and discharge GTM, Inc. for injury, loss or damages arising out of my or my family's use of or presence upon the facilities of GTM, Inc., whether caused by the fault of myself, my family, GTM, Inc. or other third parties.
3. I agree to indemnify and defend GTM, Inc. against all claims, causes of action, damages, judgments, costs or expenses, including attorney fees and other litigation costs, which may in any way arise from my or my family's use of or presence upon the facilities of GTM, Inc.
4. I agree to pay for all damages to the facilities of GTM, Inc. caused by myself or my family's negligent, reckless, or willful actions.
5. Any legal or equitable claim that may arise from participation in the above shall be resolved under Idaho law.

I HAVE READ THIS DOCUMENT AND UNDERSTAND IT. I FURTHER UNDERSTAND THAT BY SIGNING THIS RELEASE, I VOLUNTARILY SURRENDER CERTAIN LEGAL RIGHTS

Dated: _____

Signature: _____

Address: _____

In case of an emergency, please call _____

Relationship: _____ at _____ Ext. _____ (Day),

or _____ Ext. _____ (Evening).